

Jewelry Styles



Date: __/__/____

Style: _____

Gauge: ____

Length/Diameter: _____

Check-up: _____

Downsize?

___ YES ___ NO ___ MAYBE

WHAT TO AVOID:

- ◇ **SUBMERGING** in unhygienic bodies of water (e.g. pool, bath, ocean)
- ◇ **MOVING** your Piercing:
 - Rotating/Removing the Jewelry
- ◇ **CONTACT** with Potential Irritants*
 - Snagging (e.g. hair and combs)
 - Hair/Face Products
 - Dirty Pillow Cases
 - Topicals (Tea Tree/ Neosporin)
 - **UNWASHED HANDS!**
- ◇ **MOISTURE** left around piercing

Troubleshooting **TEXT LINE:**

(310)625-9728

@aesthetic_ambition_sm

PIERCERS:

@aestheticsalternative

@fae.piercings

@brendanpiercing

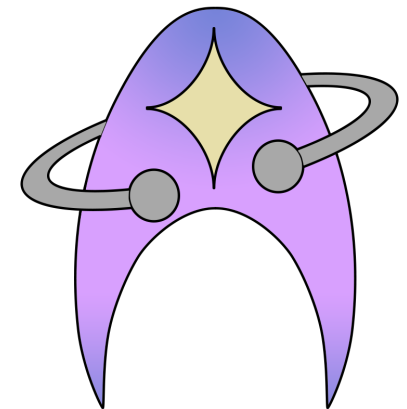
@katelynrobyn



LOBE

Piercing Aftercare

Your new piercing was performed by a skilled professional with sterile equipment and implant grade jewelry, but this does not guarantee that it will heal appropriately. Aftercare of your piercing is your responsibility. Follow this aftercare guide for best healing results.



Aesthetic Ambition

310-310-3397

aestheticambition.com

The Essentials: Saline Irrigation, Jewelry Styles, and Downsizing

Why Irrigation?

A healthy body has the power to heal a piercing wound all on its own. No magic potion will speed up this natural biological process. However, because of the presence of jewelry in the piercing, you do need some help removing “crusties” and other potential irritants from the entry-/exit-site and from the exposed jewelry—this process is called **Irrigation**.

How to Irrigate:

The most recommended product for irrigating a healing piercing is a **Sterile Saline Wash** that has been pH balanced to the skin so that it does not interfere with your body’s natural healing process. The spray nozzle should be used to spray off the piercing site and jewelry following showers. This removes hard water, irritants, and “crusties” from the piercing site in a safe and effective manner.*

*: Saturating the ends of a Q-tip can be useful for more precise cleaning, but be **GENTLE** and watch out for prongs on the jewelry!



Twisting? No!

Piercing aftercare lore once involved twisting one’s earrings in order to detach “crusties” that have formed around the piercing and jewelry, intuitively keeping the earring from “getting stuck.” **DON’T TWIST!**

Even with well-washed hands, the act of twisting the jewelry during healing will damage it in much the same way as picking a scab. Proper **Saline Irrigation** will remove buildup much more safely.

Healed and Ready to Change Jewelry?



-Pro: Common clasp-back earrings are easy to change without professional help.

-Cons: bulky in the back, one-size-fits-all



-Con: usually require professional installation and removal.

-Pros: Flat-back posts are very secure and comfortable in the back. Many sizes.

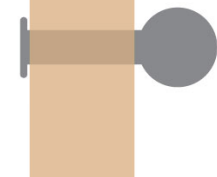
What is Downsizing?

Downsizing is the act of **CHANGING** (not cutting or trimming) your jewelry post or hoop to a smaller length or diameter piece of the same style and gauge, typically performed after the initial swelling period of healing a new piercing.

Fresh



Downsized



Why Downsize your Lobe Posts?

- 1. Aesthetics.** A downsized post adds back-pressure to keep the front from flopping forward and/or downwards.
- 2. Sleep Comfort.** Reducing the post length keeps the jewelry from being twisted around at uncomfortable angles at bedtime when our ears are compressed.
- 3. Reduction of Snag Chance.** A properly downsized post will be flush against the skin in the back, greatly